



IPL

Pre treatment

A pre treatment patch test **MUST** be performed within 7 days pre treatment. This is required for all new clients, and regular clients who have had more than 12 months between treatments

DO NOT wax, pluck or use depilatory cream 4 weeks pre treatment

Discontinue retinol products, Hydroxyl acid, differin gel, glycolic/salicylic acid and Vitamin A 2 weeks pre treatment.

What to expect

A mild sunburn like sensation is anticipated. It usually resolves within 3-4 hours but may take up to 2 days. Aloe Vera gel or ice packs can be applied as required to sooth this sensation and can be continued until symptoms subside.

Post treatment

Avoid sun exposure to treated areas and apply suncream daily

Avoid use of prescription strength exfoliants, loofas, sponges or aggressive scrubbing to treated areas during the healing phase.

Allow any blistered or open areas to heal spontaneously. Do not pick these areas as this may lead to infection and scarring. If healing is delayed, a thin layer of antibiotic cream may be required.

Allow any crusting to heal spontaneously. Crusting will resolve anywhere between 3 and 14 days and does not require the application of antibiotic cream

Avoid applying makeup to the treated area

Avoid hot tubs, jacuzzi's and swimming as chlorine may irritate the area

Increased photosensitivity to UV light and laser IPL can occur when taking certain medications.

During your treatment protocol you must advise if you are on, or commence

1. Antibiotics – doxycycline, mono cyclone, tetracycline or sulphonamides
2. Antihistamines – diphenhydramone, cyproheptadine
3. Herbal medications – St John's wart, Ginko Bilbao, citrus oils, herbal HRT therapies

Taking these medications does not exclude you from treatment however precautions need to be made.