



Skin Needling

Pre treatment

No excessive sun exposure to skin. Treatment cannot be performed if skin is sunburnt.

What to expect

Your skin may have a sunburnt appearance and may feel the same for several hours post treatment. This is perfectly normal and should subside by the following day.

Continue to use your Epi Nouvelle mask after treatment, returning it to its packet and into the fridge after each use.

This will maximize your results as it helps with decreasing redness, cooling, hydration and rejuvenation. Please discard the mask after 6 hours.

Your skin may feel dry, flaky and a little rough 24 – 72 hours post procedure.

You may also experience some flaking and peeling – this is normal.

Post treatment

Avoid touching your skin as this can introduce dirt, bacteria and other contaminants. There is no need to cleanse your skin or use any other cosmetic products until the following day.

Avoid strenuous exercise, saunas and steam rooms for 24 hours post needling. This will increase the heat in your skin and may cause unnecessary irritation.

Avoid prescription-based products such as retinal and glycolic acids for 72 hours post treatment as this may irritate the skin.