



## **Cosmetic injectables**

### **What to expect**

The effects of your anti wrinkle treatment will become apparent in 3 – 5 days with full effect at 14 days. Filler results can be seen immediately however can take 4 – 6 weeks to integrate with your tissues fully and show best results.

### **Post treatment**

Do not massage or touch the treated area as this may move product around and cause unwanted effects

Avoid strenuous exercise or excessive heat for 24 hours post treatment

No facials, peels, skin needling, IPL, laser, microdermabrasion or any other facial treatments for 2 weeks post treatment.

No international flights or major dental work 2 weeks post dermal filler treatment

If you have any pain, bruising or swelling post treatment, please avoid neurofen as this can increase bleeding and bruising. Paracetamol is fine. Arnica tablets and/or cream can be used for bruising. Ice packs can also be applied to the area as required.

Severe problems post treatment are rare but can happen. If you experience an increase in pain, redness and swelling, or a decrease in blood flow to the area you must notify me immediately.

Any difficulties in breathing, swallowing or speaking please dial 000 immediately.

